



Beauty and the Beast Playsheet – For Year Prep, 1 & 2

HAVE YOUR CHILDREN ANSWER THESE QUESTIONS IN CLASS AS AN ACTIVITY TO RE-INFORCE THE VALUES OF THE SHOW

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1. What was the funniest part of the Alpha show, Beauty and the Beast?

2. What did you like best about the Alpha show of Beauty and the Beast?

3. Why do you think that Belle didn't like the Beast in the beginning?



4. What happened that made Belle start to like the Beast and fall in love with him?

5. Gaston was a bit of a bully! What happened to Gaston in the end because he was not nice?

6. Who was your favourite character?

7. Why were they your favourite character?

Remember to write to your favourite character on the internet! Just go to <http://www.alphashows.com.au> and click on 'KIDS!'



Beauty and the Beast Playsheet – For Year 3 & 4

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1. What were three great things about the Alpha show, Beauty and the Beast?

2. What was something that you didn't like or thought could be better?

3. What happened when the Beast shouted at Belle? Did he get what he wanted? What do you think is a better way to handle a situation that may not be going the way you want it to?

4. Do you think Gaston got what he wanted in the end? What could he have done differently so that people might like him more?



5. The story had a very happy ending! If you could be anything you wanted in the world, and get just what you want like Belle and the Beast, what would that be?

6. Who was the character that you liked the most or would like to be like? Why?

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Beauty and the Beast Worksheet – For YEAR 5 & 6

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1. What were three great things about the Alpha show, Beauty and the Beast, and why?

2. What was something that you didn't like or thought could be better?

3. Remembering the story, what was the most important thing you learnt from the way the characters behaved?

4. What were some of the ideas and strategies that the show taught? You can use these in your own life when you're unsure of how to do something new or feel like you're not getting what you want. List some new things, like new decisions and choices you want to make, about how to behave and treat people, to ensure you get what you want in life.

5. Belle had a dream to be more than she was, living in the village. What is something that you dream about, that you now want to make sure happens in your life one day? What will it look, sound and feel like when you get it?

6. How did the story show how it was better to live your life with love, rather than living in fear like the Beast or being a bully like Gaston?

7. The show had lots of opportunities for the audience to yell out and be part of the story. Did you join in the fun? If so, what did you believe about the show or yourself that made you play full out?

8. If not, why didn't you join in?



9. The show subtly taught that having fun and yelling out and using your physiology (body) in ways that create what we call a 'peak state' is a great way to live life. If you decided not to join in with this, what do you think it will cost you in the future if you continue to be boring and non-fun?

10. If you did play full out in the show and sing along, dance, scream and shout, thanks for being cool, you ROCK! So what other area of your life do you think you could apply this technique to? Perhaps an area where you sometimes become stressed or frustrated. How much more fun and more fulfilled and happy would your life and this situation be if you were to use your body, voice, the focus of your mind, and the questions you ask in similar ways like you did during the show? What difference would it make to your life now and in the future? What would that look, sound and feel like?

7. Who was the character that you are the most similar to, someone who you look up to? Why do you want to be like that character? If you were just like them, do you think you would get what you want in life? Why?

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Beauty and the Beast Worksheet – For YEAR 7 & 8

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1. Critically analyse the production of The Alpha Show of Beauty and the Beast. What was great, what could be better, what decisions did the producers make with regards to what you thought about the show, that may be relevant to the target audience / touring limitations etc.

2. Logistically and artistically, what did you notice about the production that showed a great deal of thought had gone into the sets, costumes, lights, sound, messages of the show, and the whole concept and style of theatre used to engage the audience? What about symbols / themes in the sets, costumes and script?

3. Remembering the story, what was the most important thing you learnt from the way the characters behaved?

4. What were some of the ideas and strategies that the show taught? Do you think the audience understood and gained ownership of some of these ideas? List some new things, like new decisions and choices you want to make, about how to behave and treat people, to ensure you get what you want in life.

5. Discuss the theme of 'Limiting Beliefs'. How did the show create opportunities for the audience to create new empowering beliefs for themselves? Was the show successful in portraying this idea? What techniques did the show use to help the audience take ownership of this message.

6. Luminaire took the Beast through a "belief busting" exercise. This can be very useful for anybody who believes disempowering and untrue things about themselves. How would you implement this for yourself or for someone you love? The process in detail is contained in the Teacher's notes – ask them for more info if you need it.



7. The show had lots of opportunities for the audience to yell out and be part of the story. What are some of the reasons the producers decided to make the show like this? Whilst a lot of this stuff is for younger children, did you also enjoy yourself and play like a kid again?

8. If not, why didn't you join in?

9. The show subtly taught that having fun and yelling out and using your physiology (body) in ways that create what we call a 'peak state' is a great way to live life. Whilst the show is generally aimed at younger year levels, do you think you could also learn to have more fun and be happy / let go and not take life so seriously? Do you think that you could have more fun and accomplish more in life if you lived this way too? How specifically?

10. What's an area of your life where you experience a lot of stress, where you could try the techniques that the show taught. Perhaps an area where you sometimes become stressed or frustrated.

11. How much more fun and more fulfilled and happy would your life and this situation be if you were to use your body, voice, the focus of your mind, and the questions you ask in similar ways like you did during the show? What difference would it make to your life now and in the future?

12. What would that ultimately look, sound and feel like?

13. During question time or if you met one of the actors, was there a favourite or someone you aspire to be like? Why do you want to be like that person? If you were just like them, do you think you would get what you want in life? Why?

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