



THE ALPHASHOW OF

# HERCULES

## ALPHASHOWS Pre-Show Activities

[ Photocopy / print / email this document  
and give to all teachers **BEFORE** the show day ]

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## ABOUT THE PRE SHOW ACTIVITIES



Alpha honours and highly respects the work that teachers do with children and we can only hope that our brief visit at your school will help to brighten your day, and help to make learning

and the classroom fun. Teachers have a phenomenal capacity and we look forward to meeting you and your children and being at your school. We believe in peak states, emotional

truthfulness, high energy and enthusiasm in general being the most effective ways of learning, we sincerely hope that the show is useful to you in that and many other ways.

# THE OUTCOME

## ALPHASHOWS' outcome for our performances in schools are:

To provide an intense, memorable, high quality and high impact musical, that engages children the entire time. We hope to give them an experience of what 'theatre' is that encourages further participation in arts and theatre in the future.

To make specific spiritual and physical truths about our world and ourselves available in a metaphorical format to encourage learning at the soul level.

To give performers an opportunity to work in a full time performance based job, and have them give a real experience of 'being a performer' to children by answering questions and generally being happy, accessible, fun and cooperative with children and teachers.

To provide the most outstanding role models of truthful and humble human beings within the stories and in real life.

To provide a launching pad for creativity, writing, drama, music, and fun in the classroom. To create enthusiasm and encourage children to be in the peak state for learning.

To have an artistic theatrical performance that expands a student's soul to enable greater capacity in all learning areas (including learning areas not specifically covered by the shows).

To have an artistic theatrical experience that is of the highest quality possible, as close to a show at a big theatre in a capital city as we can.

To make available our shows to anybody who wishes to invite us for as low a cost as we can.



## ABOUT THE SHOW 'BEAUTY AND THE BEAST'

### OVER ARCHING VALUES THEME:

THE HERO WITHIN US ALL &  
FORGIVENESS

ISOLATION, BEING TRUE TO YOURSELF

Alpha's 'Hercules', is a show about discovering our true selves. We all have the capacity to be a hero in this world, to lead and to take responsibility for the whole world and its progression into a new level of awakening, as we approach this time. Alpha's version of Hercules uses the old mythical characters in Greek mythology to bring a story that is about the world today. About what we must do as humans to help. Hercules is an example - his story and his growth will be familiar to many in the audiences. To know that there is 'more', that there is more we can all give and be every day, but not always being sure how to do it or what the purpose is. Higher levels of awakening are possible through personal standards and finding the hero within our hearts and Hercules is our story of how this can happen for all.



## SYNOPSIS OF THE STORY



Zeus, Hercules' father, has always planned on sending his only son Hercules to earth as a leader for humanity. However, Hades has other plans and steals him away as a baby, and as a result is raised on earth by Amphytrion. Hercules grows up unsure of who he is and what his life is supposed to be about. When his father tells him about how he thinks he may have come from the gods, Hercules goes to see the statue of Zeus, who tells him he must become a hero. Phil trains him, and soon he is famous for his strength. But he has not proven himself a true hero yet, not until he can learn to love, forgive and feel all of the negative feelings that keep him separate from his Father. All the while Hades is plotting to take over Olympus, the story ends with Hades losing out and Hercules finding the place he was meant to be.

## How the show addresses our outcomes:

The show is loud, entertaining and lots happening. It also has different parts that will appeal differently to various age groups and genders – allowing ‘down time’ for some as well. Children seeing this show will want to see more.

Beauty and the Beast addresses the causes behind believing false and limiting things about yourself and others. We directly see how when you have ‘beastly’ feelings inside, of anger and hatred and rage and fear, our outer world starts to reflect this inner world. As the Beast lets go of this pain, he can start to believe something better about himself that causes Belle to fall in love with him.

The cast contains 4 boys and 2 girls, who play characters that are energetic, and appeal to both genders through humour and strength, and a bit of silliness.

The actors chosen represent people who are talented and professional in their field. They play characters that illustrate great ways to learn and live, who play full out and make the most of the events that happen to them.

The fairytale nature of the show will give some great lead in to the study of stories and fairytales, literacy, the theatre experience etc. Because the shows always contain great anchors for positive emotional states, these can be used back in the classroom to encourage full participation, humility, love and truth, which will always foster higher levels of learning.

As the students implement the ideas in the show (specifically about releasing negative emotions to begin to truly, in your heart, believe in yourself), it will have a run on effect on other learning areas which will have a positive impact on every area of their schooling life. Imagine children who now have the skill of how to make all the wishes actually come true.

The lights and sound in our shows are the top of the range, and we spend months creating and painting the sets, and the full costumes etc. With 6 cast, it makes what we can set up in your school quite remarkable in a short time – the final result will be as close as you can get to a theatre, right in your school – especially if you have a dark hall!

After the show you will have an opportunity to book one of our other shows. Please consider doing so as ‘stacking’ the shows every year has a cumulative effect on the soul condition of students that is hard to measure. By having it only once or every second year, this positive effect on your students (and entire school community) is very much lessened. We work hard to ensure our shows all tour every year, at different times, so there’s always a show for you to book for the following year. We suggest not booking more than 1 show a year, as the stacking effect seems to be maximised when it is an annual visit.

The content is delivered through a wide range of engaging and accessible dramatic techniques: including, of course, pantomime-styled sequences, physical comedy, audience interaction in the form of questions, witty dialogue with humour that appeals to children (including the occasional bit of toilet humour!), stylised movement, choreography, modern music interweaved in the story, dramatic lighting and effects, high quality sound and sound effects, magnificent costumes and big realistic sets.



## Fairy Tales, Folk Tales and other Stories

**Learning Area:** Literacy

**Outcome:** To create an understanding of the origins of fairytales and classic stories, and to dispel myths about the common held beliefs about where these stories originated from. To connect children in with the archetypal nature of these stories to ensure they have a strong connection to the show in advance. To explore stories from different cultures

**Materials:** Discussion in classroom and the internet

**Information:**

Fairy tale, or wonder tale, is a kind of folktale or fable. In these stories we meet witches and queens, giants and elves, princes, dragons, talking animals, ogres, princesses, and sometimes even fairies. Marvellous and magical things happen to characters in fairy tales. A boy may become a bird. A princess may sleep for a hundred years. Objects too can be enchanted — mirrors talk, pumpkins become carriages, and a lamp may be home to a genie.

The oldest fairy tales were told and retold for generations before they were written down. French fairy tales, like Sleeping Beauty were the first to be collected and written down, but now we can read fairy tales from almost any culture. When these stories were studied together, something amazing was discovered. From countries as distant and different as Egypt and Iceland similar fairy tales are told. Both Egypt and Iceland have "Cinderella" stories, as do China, England, Korea, Siberia, France, and Vietnam; and the list doesn't stop there. There may be a thousand versions of the Cinderella story, each with a unique telling which carries cultural information about the time and place the story was told. One thing is for sure; people everywhere like stories in which truth prevails over deception, generosity is ultimately rewarded, hard work overcomes obstacles, and love, mercy and kindness are the greatest powers of all.

**Activity:** Read old folk stories or fairy tales and then ask children to retell them in a modern setting.

**Interesting Web Addresses Relating to Fairy Tales, Folk Tales and other Stories:**

Alpha Shows Website

<http://www.alphashows.com.au>

Interactive Grimm Brothers Website

<http://www.grimmfairytales.com/en/main>

Aesop's Fables

<http://www.umass.edu/aesop>

Australian Aboriginal Dreamtime Stories

<http://www.dreamtime.net.au/dreaming/storylist.htm>

Native American stories

<http://www.ilhawaii.net/~stony/loreindx.html>



## Discuss the myth of 'Hercules'

**Learning Area:** Literacy

**Outcome:** To provide an expanding awareness of fairytales & myths and their origins and purpose

**Materials:** Discussion in classroom and writing

### **Information:**

Greek myths are sometimes violent, sexual and as a result, inappropriate for a show primarily aimed at children. However, we've taken the characters and events of the myths and been very very particular in attempting to remain true to the stories as closely as possible. When something from the myths isn't appropriate to include in our show, we leave it 'open' to the imagination and try not to have connections or plots that would contradict the myths, although in some ways this isn't possible. In the myths, for instance, Hera was portrayed as quite 'evil' in some ways, plotting to kill Hercules. We thought that having the mother figure do this was too much for our show, although we did toy with the idea for over a year. Hades is also not traditionally a 'bad guy' so much, just the Lord of the Underworld. We had to have some way to create conflict and Hades was the obvious form. In reality, Zeus was just as 'naughty' as Hades in a way, going and having sex with mortals etc. So all this is left up to the imagination, we try not to get into it. You can use the website below to find out more information about the actual myths and compare them to our show. We have got lots of little tidbits of info about myths in the show, mentioned here and there.

### **Activity:**

Discuss the elements of the myths, the characters etc, to familiarise your children with the various elements. When you come to the show, have them prepared to listen and look for references to the myths.

### **Website:**

Hercules Lesson Plans with links to lots of info:

<http://www.webenglishteacher.com/classmyth.html>



## Question Time

### Learning Area:

Literacy / Theatre / Music / Performing Arts / Science & Technology / Art / Values Education

**Outcome:** To prepare the students for asking quality questions after the show and in life.

**Materials:** Discussion in classroom and writing

### Information:

At the end of each show, when time permits, Alpha's performers come back on stage to give the children an opportunity to ask questions.

If you have specific children who did not get their questions answered, you are more than welcome to bring them to us whilst we are packing up, to talk to us. We welcome and encourage the performers to have the maximum possible contact time with students. We are also very happy to provide autographs and personal messages to each child.

You may have had actors in your school before who answer questions after their performance.

Here is how we do it differently:

- ★ It is almost 'part of the show'.
- ★ We have a voiceover introduction and 'pump-up' music before the actors come back out on stage. It is always important that children are in a 'peak state' to ask and answer questions
- ★ The actors will come out in costume, but as 'themselves' (not in character). They will remain energised and enthusiastic, rather than showing fatigue (even if the Actors themselves are fatigued at all)



**Activity:**

Get the students to brainstorm various question 'areas'. There are multiple types of questions to ask, that coincide with the possible Learning Areas above. Then brainstorm 1 or 2 great questions in each area.

You may want to also run the 'sensory acuity' activity below.

It's important to reinforce the purpose of the question time. Ask them what they think their focus should be during the time. If they ask a question that is silly, the purpose of that would be to make people laugh. If they ask a question where the whole audience finds out some really great valuable information, the purpose is to provide a worthwhile and beneficial experience for the whole audience. We reward 'clever questions' so the more preparation, the more reward!

You can then follow up with a discussion about how a great truth in life is the importance of questions and how they effect our lives.

## **The quality of life is in direct proportion to the quality of the questions we ask, especially those we ask on a consistent basis**

So mastering this area of our life is imperative. If we're always asking a question like 'why do I always get it wrong', our brain comes up with an answer ('cause you're an idiot!'). If we ask quality questions like, 'How can I do my best and have fun at the same time?' you'll always come up with a better answer!

### EXAMPLES of QUESTION AREAS POSSIBLE TO ASK US ABOUT:

- ★ So **Literacy questions** are about the story, how we told it, the script, the humour, our version of the story and our choices we made.
- ★ **Theatre questions** are about the show, bringing theatre into a school etc.
- ★ **Music questions** are about our song selections, the live singing, how we learnt to sing etc.
- ★ **Performing Arts** questions are about acting, role playing, creating a character, character choices, how we got cast, auditions, the experience of being an actor.
- ★ **Science & technology questions** are about the set, how we built them, the construction methods we used, how long it took, how we planned to do it, what skills were needed etc.
- ★ **Art questions** are about the costumes and the set painting.
- ★ **Values Education questions** are about the embedded messages in the show, the role models of the performers and what we hoped the children learnt during the show about how to live life with passion, enthusiasm and success.

Below are some examples of good questions and also some examples of questions we've received in the past (some not so good!). Great questions (ones where we'll answer something really useful to the experience) are marked with an \*



### Rehearsals and Preparation

- \*How long does it take to rehearse?
- Where do you rehearse the show?
- \*Who makes up the dances?
- \*Who writes the shows?
- Was it hard to learn your lines?

### The Set-up

- \*How long does it take to set the set up?
- \*Who made/painted the sets?
- What's behind the set?
- Where did you get the costumes?
- How do you get changed so quickly?
- \*Where does the smoke come from?
- \*How do the lights/music/sound work?
- Were the swords real?

### Hercules Specific

- Why is it different to the Disney movie?
- Why were there extra characters?
- \*\*Why was Hades so mean?
- How did the magic work?
- \*\*How/Why did Hercules become a god?
- Why did Megara fall in love with Hercules?
- \*\*\*What sort of Values were in the show?
- \*\*\*Why are you saying being a hero isn't about killing all the bad guys or saving the whole world?

### The Company

- \*\*What other shows does Alpha do?
- How many shows have you done?
- \*Which show are you doing next year?
- \*\*\*Why do you do shows like this in schools?
- Whose idea was it to perform in schools?
- \*Do you perform anywhere in the school holidays?

### The Performers

- \*How did you all get to be in the show?
- \*What acting training have you done?
- \*Where/How did you learn to dance/sing?
- How old are you?
- \*How does it feel to be an actor?
- \*Do you get scared/nervous?
- Have you ever been on TV?
- \*What other shows have you been in?
- \*What is your favourite thing about performing?
- What is your favourite colour?
- What is your hair like?

Please note: "Question Time" sessions are an extra value in addition to the show your school has purchased from Alpha, provided free of charge – as a result, we cannot guarantee that we will have time – especially if we have another school to go to afterwards, or if it is already too close to the end of your school day. If this is the case, please feel free to allow children to speak to the performers as they pack up.

## Alpha-Writing



**Learning Area:** Literacy

**Outcome:** To engage children in passionate creative writing in response to the Alpha Show.

**Materials:** Writing materials

**Information:** Alpha shows can inspire much enthusiasm and creativity. Harness this energy to create amazing creative writing!

**Activity:**

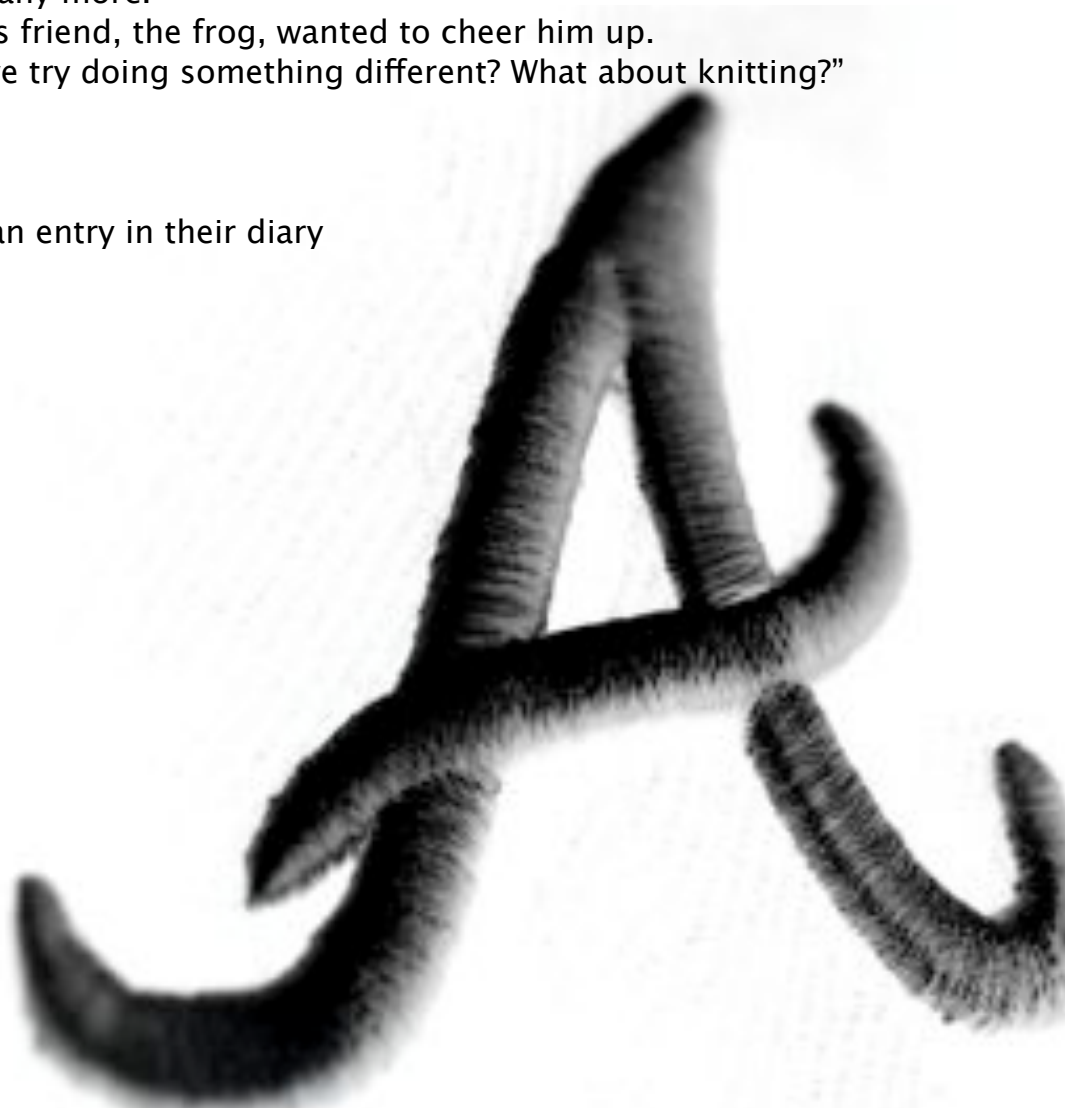
**For K-2:**

Storytelling. Seat them in a circle and using one of our story starters below, begin the story. One by one in the circle, the children can contribute a line to the story, each taking the story in their own crazy direction.

- ie.    1) Once there was a rabbit who loved to dance.  
      2) He would dance all around his little house.  
      3) Then he fell and broke his leg!  
      4) So he couldn't dance any more.  
      5) He was so sad that his friend, the frog, wanted to cheer him up.  
      6) He said, "Why don't we try doing something different? What about knitting?"  
      and so on and so on.)

**For Gr 3-4:**

Choose a character and write an entry in their diary





## Alpha-Writing (continued...)

For Gr 5-6



1. Write a newspaper article about the events of the story, 'Extra Extra, princess falls a for 100 years!' "Australia's most wanted - Evil Witch Maleficent"
2. Write your own Fairytale, play or pantomime, brainstorm the elements of these stories ie  
Characters: an evil magical person, a good magical person, a mother, a wolf, a prince, a princess, a cow, a king, a narrator, a grandmother, a boy/girl, a fairy, a goblin, a bossy person  
Place: a castle, a dark wood, a cottage, a cloud in the sky, up a tree, in the city,  
Events: falling asleep, getting married, running away, meeting a magical creature, finding treasure  
Then put it all together! Remember the happy ending!
3. Choose from one of our 'Story Starters' to create their own fairy tale.

### Story Starters:

- ★ Once upon a time, in a deep dark wood, in a teeny tiny cottage with a straw roof, lived a big rat. His name was Claude.
- ★ Deep, deep down in the ocean as I was minding my own business...
- ★ Way back in the back hills where even the ants didn't go, I remember...
- ★ In old grandmother's trunk there was a ...
- ★ There once was a rabbit who loved to dance
- ★ My grandmother used to tell me home is where the heart is. I did not understand what she meant by that until one stormy night when ...
- ★ Long ago, in a faraway place, there was a land filled with wonder. In this fantastic place there was a little girl. She was very special, for she had magic...
- ★ It started out just like any other school day. I finished the last soggy pieces of cereal from my bowl full of milk. (I always pour too much!) But as I grabbed my coat and ran out the door, I couldn't believe my eyes!





## Alpha Shows Performance Style

Learning Area: Literacy / Performing Arts / Theatre



**Outcome:** To develop an understanding of Alpha's traditions, our conventions and how to be an ideal audience to enrich the experience of an Alpha Show. **This section is HIGHLY RECOMMENDED for all teachers to use with all students to ensure maximum value.**

**Information:** Alpha Shows allow the students to be free and to yell out and talk to the characters.

Alpha's versions of stories are usually significantly different than anything they have seen before. Explore the value of doing this with your children, and how using theatre and our special format of theatre helps bring new life to classic stories.

### Energy and Pace

You may like to look at how the energy and pace of the show varied considerably, to parts with only dialogue, to lots of songs, to slow bits, to parts where a LOT was happening all at once... this is all part of the theatre experience and also necessary for children to have parts where they can tune out for a moment and chat to each other, and to let it integrate into their subconscious, and take a break! The structure of the shows is all done on purpose. Generally Alpha shows are high energy and pace, to ensure children don't get bored. They are far more impatient than an adult audience, as they pick up on the crux of a scene immediately and don't always need all the details.

**Therefore, we always speak fast, move each scene along quickly etc (which can sometimes be too fast for adults!).**

HOWEVER, you could prep your children in advance to ensure they are listening at the right times, and not taking advantage of the style of the show which allows them essentially to do what they like. You can use the following activity for this purpose or your own way of teaching awareness of when to listen and when to actively participate. **This is up to you – as the actors will not 'punish' children for being loud and having fun during the show.** If you think they should listen, prepare them to do so in advance (not at the show by shooshing as this is too distracting)

### Activity: Screaming & Listening

To get an idea of what an Alpha show is like

Ask a simple question, like, 'do you think Arthur can do it?'. Prepare them in advance, to yell yes at the tops of their voices, scream, do 'wohoo's' or whatever else. And then visibly and physically 'cut' them, and see how fast they can stop and listen again. As soon as you 'cut' them, tell them some hard to remember information, and test to see who remembered it. This is a great game for preparing them for what an Alpha show is like and how they'll be yelling out at some points, and listening at others.

### Activity: Sensory Acuity Game

You should also promote the skill of 'sensory acuity' so they know when it is NOT time to 'yell out'! Sensory acuity is a useful skill in all areas of life!

You could play a game where children pair up and one tells a story and the other, without speaking, gives the storyteller cues about what they're feeling, whether they like the story or hate it, or other things. You, as the teacher/facilitator, can come round holding up cards behind the storyteller like "You need to go to the toilet" to tell the non-talker what to 'act out'. After it's over you can see how much the storyteller picked up about the other person, by using their skills of 'Sensory Acuity'.

## Alpha's audience participation elements

Learning Area: Literacy / Performing Arts / Theatre



**Outcome:** To become very familiar with the specific chances to participate in the show

### Information:

Alpha Shows borrow from the pantomime genre many traditions which increase the level of audience participation eg. "He's behind you" and "Ohhh no you're not" etc. as well as 'booing the villain'. The cliché's and most traditions of pantomime are always honoured by Alpha shows – and we also have created new ways for an audience to interact with us, most specifically, with the 'closed eye processes' in the show as well as other fun creations we've had over the years.



Discuss how we use this as a tool to create fun in stories in ways not possible with other formats, especially non-live formats (you wouldn't bother booing a villain in a TV show, as they can't hear you! How boring is that!). Vocal participation by children is important in our shows, and whilst our stories will structure it and educate how it works during the show in the best way possible, initially children may not realise they can yell out – especially if your group is very well behaved, it may be a new experience for them!

You can encourage and let them know it is part of the experience to join in with the singing, dancing, the booing and being a part of the story by answering questions – we'll remind them during the show as well.

On the other hand, some children will take the opportunity too far, and whilst our shows are structured in the best way possible to control over-the-top participation, you may like to also discuss how your children should recognise when to yell-out and when not to. As mentioned, it's a great skill to learn for life in general! The activity above will help with this.

If you want to know more about the history of pantomime, visit this website. Note however, that Alpha shows are not really a pantomime, we just borrow a few techniques from the genre. We discourage the use of the word 'pantomime' in conjunction with the show.

Visit the following website for more info on pantomime genre:

<http://www.its-behind-you.com/history.html>



## ACTIVITY: Alpha's audience participation elements



You can practice all the different Alpha traditions in class. It makes the show extra fun if children have a few clichés that they can look for and really get excited about doing. Try these out:

1. **“Oh no you’re not”**. At some stage during the show, the villain will ask a question like “I am the most gorgeous beauty in the entire world, aren’t I boys and girls?”. The audience’s response should be “Oh no you’re not!”. The villain then responds with “Oh yes I am”, audience with “Oh no you’re not”, etc. It repeats 3 times at which point the story moves on. Not every show uses this as it can drag on a bit.
2. **“He’s Behind You”**. This is where a character is looking for another character and can’t find them, but the audience CAN see the other character. At one point, the other character will be behind them, and will ask “Where is he boys and girls?” At this point, the audience should respond with “He’s behind you!”
3. **“BOOING THE VILLAIN”**. Whilst we agree that ‘booing’ isn’t something that should be encouraged in normal day to day life, it is a time honoured tradition and we believe we should keep it. It is also a brilliant way for the audience to band together in opposition to what the villain represents – ie. nastiness, selfishness and being mean! Remember to remind the children to be aware of when to stop ‘booing’ so that the story can continue. In King Arthur, there is NO villain to begin with. So booing will not be necessary for most of it, until they start acting like a villain (which will be obvious). Talk to your students about this.
4. **Answering Questions**. In addition, the audience will help the characters along the way with anything from simple ‘yes’s’ to sometimes more involved answers or repeating things. It will usually seem like the audience is actually affecting the action (sometimes they really are!). It’s great when an audience altogether really believes this so try to explain how they are part of the story and can involve themselves.
5. **“Say Yes!”**. During all of our shows, we have the audience repeating phrases or otherwise engaging in helping one of the characters ‘grow’ and expand on the lesson of the story. Whilst doing this, the audience learns new things about themselves and the world. It will usually involve ‘standing up’ as an audience. Encourage them to play full out during these sequences, as these sequences are the chance to have the most beneficial experience from our show, the chance to become ‘stronger’ or ‘more awesome’ in every way – surely something all children are interested in deep down. It will often involve **STANDING TALL**, strong and focussed (ie. Not talking, and not fooling around with their friends), Saying **“YES”** in a really powerful and strong way, squeezing their fist or putting their hand on their heart, and repeating a certain personal development phrase like “I feel good” (different for every show). It’s important for teachers to participate in these sequences too, and encourage all students to stand up and do it too. If you know of certain students who are unlikely to participate, have them seated at the sides near you, and ensure they are not distracting or discouraging other students to get the value out of the process.





## Important notes on participation



WE LOVE THE AUDIENCE TO PARTICIPATE AS SPECIFIED ABOVE, AND USUALLY HAVE NO PROBLEMS WITH FULL PARTICIPATION FROM KINDER STUDENTS RIGHT THROUGH TO HIGH SCHOOL STUDENTS. WE ALSO ENCOURAGE FULL PARTICIPATION AT ALL TIMES DURING THE SHOW. WE LOVE THE RANDOM CALL OUTS FROM THE AUDIENCE. IT KEEPS US ON OUR TOES AND HELPS US GROW AS PERFORMERS AS WELL!

IF IT'S ACTUALLY UNDERSTANDABLE AND FEASIBLE, THE ACTORS WILL ATTEMPT TO ADDRESS WHAT WAS SAID AND GO WITH IT, MUCH TO EVERYONE'S AMUSEMENT! SO AGAIN, AN IMPORTANT POINT – AS LONG AS A CHILD ISN'T BEING OBSCENE, IF THEY YELL OUT RANDOM STUFF, YOU CAN USUALLY ENJOY THE ACTORS RESPONDING WITH THAT AND HAVING SOME FUN.

PLEASE DON'T TELL THEM TO SHOOSH AS IT SPOILS IT FOR THEM AND WE DON'T GET A CHANCE TO PLAY WITH THEM IN A UNIQUE WAY FOR YOU! IT ALSO GENERATES A NEGATIVE ANCHOR TO PARTICIPATING IN 'THEATRE'.

**ALTHOUGH REMEMBER TO WATCH FOR CHILDREN TAKING THE OPPORTUNITY TOO FAR AND SPOILING THE PLOT AND NON-PARTICIPATIVE MOMENTS. THIS MAY REQUIRE THAT YOU MOVE CHILDREN OR YES, EVEN SHOOSH THEM SURREPTITIOUSLY.**

**PLEASE SUPPORT THE CAST BY ENSURING CHILDREN ARE GENERALLY BEING WELL BEHAVED & POLITE**



## 'Fly Away' finalé song



**Learning Area:** Music

**Outcome:** To increase skills in performance, singing and music. To enhance the show by teaching and learning Alpha's finalé song so that everyone can join in at the end with every Alpha Show.

### Information:

The final song in the show is just great to join in with, so it's up to you how much you decide to take advantage of this special event visiting your school. The song is our original song first used in 2009, so once we've performed it for a while you'll start to know it. You can speed this process up by practicing in class.

### Activity:

Learn or listen to the song "Fly Away" by Alpha Shows - it's Alpha's finale for all our shows. You could even choreograph a dance to the song and join in at the end. We punch our fists in the air for the 'Say Yes' parts. You can download off our website the song in the Downloads section, and/or it may be included in your Touring Pack. <http://www.alphashows.com.au/downloads/>

The lyrics are on the next page.

For an advanced activity, have your children go to:

<http://www.alphashows.com.au/curriculum/> or <http://www.alphashows.com.au/theatre-in-education/>

And analyse the curriculum content of the shows as shown on the curriculum page above. Then look at the lyrics, and ask the following questions:

1. What do you notice about all the lyrics?
2. This was Alpha's first song we wrote entirely fresh (without using inspiration of another song and backing track etc). In the past we have not done this, as we wanted the audience to always recognise and automatically be able to sing along with every song in the show. Do you think having an original song as our finale will work? Why?
3. Go through the lyrics and match up each one to one of the values messages listed on the curriculum web page on our website. Each core value relates to 1 particular show, but they also cross over. Some lyrics are just simply lyrical and musical or related to fun as well, or just a general positive message.
4. Now that you've matched up the lyrics with each value, do you think the song is successful in covering all of the shows core messages and wrapping them up nicely?
5. Why do you think we used the words "SAY YES" repeatedly throughout the song in the 2<sup>nd</sup> and 3<sup>rd</sup> choruses? What is the relevance of getting an audience to say YES? This was very similar to the old song we used, do you remember what word we used there (based on the S Club 7 song we borrowed for our finale). Do you think SAY YES is a better message? Why?
6. Learn the chorus and choreograph a dance, and perform it for your class. If you have access to the real song, download it and learn it properly. We look forward to seeing you join in with us at the end of the show!

# FLY AWAY - ALPHA SHOWS

Lyrics by Toby Wilkins, Ben Jackson & Katja Glieson

Music by Toby Wilkins

Arranged & Produced by Ben Jackson

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When you're feeling blue  
I'll be there to see you through  
You've got a friend in me  
Because I've got a friend in you  
And if you think you've lost your way  
Don't worry cause I'm here to stay  
And we will laugh our cares away

Tomorrow is a brand new day  
If you look inside you'll see  
The way to let yourself be free  
With life before us,  
All part of one great chorus

If you look inside your heart  
You'll see that you and me  
Are destined for the start of  
something wonderful

And so we'll fly  
Fly Away Now  
Yes we'll fly  
It's a brand new day now  
We'll fly where our hearts take us  
Nobody's gonna make us  
Come back down  
We'll Fly away now  
To the ground  
I can say now  
That if you be you and I'll be me  
There's nothing that we can't be

You have got the strength  
To make a brand new day  
When you leave the past behind  
you  
There'll be nothing in your way

There's something out there just  
for you  
That's where you'll find your  
hopes come true

There's so much more that we  
can do  
But we will get each other  
through

If you feel that you may fall  
Then I'll help you, you'll help us  
all

Follow all your hopes and  
dreams

Have the courage to believe

And say YES!  
Fly away now

SAY YES!

To a brand new day now  
You create your path  
Choose to follow your own heart

And say YES!  
Fly away now  
SAY YES!

To all that comes your way now  
Find the light so you can see  
Let your heart shine bright and  
free

Together we are one  
On our journey to what we'll  
become

We'll all play our part

You'll be my hero and I'll be your  
heart

And we'll find

When it's time  
Say YES!  
Be all you can be  
Say YES!  
And stand tall with me  
Say YES!  
Look inside of you  
Say YES!  
Then see what you can do

And say YES!  
Fly away now  
SAY YES!  
To a brand new day  
now

You create your path

Choose to follow  
your own heart

And say YES!

Fly away now

SAY YES!

To all that comes  
your way now

Find the light so you  
can see

Let your heart shine  
bright and free  
AND SAY YES!  
(repeat chorus)