



King Arthur Worksheet – For Year Prep, 1 & 2

HAVE YOUR CHILDREN ANSWER THESE QUESTIONS IN CLASS AS AN ACTIVITY TO RE-INFORCE THE VALUES OF THE SHOW

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1. What was the funniest part of the Alpha show, King Arthur?

2. What did you like best about the Alpha show of King Arthur?



3. What did Merlin teach Arthur about, to get the sword to release so he could become King?

6. Who was your favourite character?

7. Why were they your favourite character?

Remember to write to your favourite character on the Alpha Shows App! You can write to each character and they'll respond, or you can write to the cast!



King Arthur Worksheet – For Year 3 & 4

HAVE YOUR CHILDREN ANSWER THESE QUESTIONS IN CLASS AS AN ACTIVITY TO RE-INFORCE THE VALUES OF THE SHOW

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1. What were three great things about the Alpha show, King Arthur?

2. What was something that you didn't like or thought could be better?

3. Merlin taught Arthur that to pull the sword out of the stone & become King, he had to think of the Kingdom as _____ ? Was that the only thing? Or was it something inside Arthur as well? What was it?

4. To feel good and have fun in your life, Merlin showed Arthur to let go of his self-doubt and lack of equality within. Our beliefs about ourselves can prevent us creating the life we want. When we are out of balance inside, our ego might try to protect us. A healthy ego is good, but when we don't also trust our higher selves, the ego can become too powerful and create doubt and hesitation within. The ego can be identified in ourselves as (tick the correct answer):

- A black monster you see when you close your eyes
- A little voice in our head that makes us feel bad by silly things it says
- A feeling like someone is hurting you

Remembering what Merlin said, what can you do to stop the ego from making you feel bad?



6. Why did Lancelot turn into Mordred? What did he want? Why did he turn his back on his friend?

7. Merlin & the Lady of the Lake talked about 'Equality' – a feeling of being connected to everyone else as well as feeling wholeness and connected within. Do you think you can do this?

8. What's something you could do in your family or at school, to help promote the idea of Equality, both in your community and in others? Something that would bring your school, family or community together and let go of 'separation'?

10. Who was the character that you are the most similar to, or someone who you look up to? Why do you want to be like that character? If you were just like them, do you think you would get what you want in life? Why?

Remember to write to your favourite character on the Alpha Shows App! You can write to each character and they'll respond, or you can write to the cast!



King Arthur Worksheet – For YEAR 5 & 6

HAVE YOUR CHILDREN ANSWER THESE QUESTIONS IN CLASS AS AN ACTIVITY TO RE-INFORCE THE VALUES OF THE SHOW

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1. What were three great things about the Alpha show, King Arthur, and why?

2. What was something that you didn't like or thought could be better?

3. Remembering the story, what was the most important thing you learnt from the way the characters behaved?

4. To feel good and have fun in your life, Merlin showed Arthur to let go of his self-doubt and lack of equality within. Our beliefs about ourselves can prevent us creating the life we want. When we are out of balance inside, our ego might try to protect us. A healthy ego is good, but when we don't also trust our higher selves, the ego can become too powerful and create doubt and hesitation within. The ego can be identified in ourselves as (tick the correct answer):

- A black monster you see when you close your eyes
- A little voice in our head that makes us feel bad by silly things it says
- A feeling like someone is hurting you

Remembering what Merlin said, what can you do to stop the ego from making you feel bad? What are the consequences of over-identification with your ego?

5. Merlin taught Arthur that to pull the sword out of the stone & become King, he had to think of the Kingdom as _____? Was that the only thing? Or was it something inside Arthur as well? What was it?



6. Why did Lancelot turn into Mordred? What did he want? Why did he turn his back on his friend? What happened in the end when Mordred turned back to Lancelot

7. Merlin & the Lady of the Lake talked about 'Equality' – a feeling of being connected to everyone else as well as feeling wholeness and connected within. Do you think you can do this?

8. What's something you could do in your family or at school, to help promote the idea of Equality? Something that would bring your school, family or community together and let go of 'separation'? Set up a plan for how you are going to accomplish this project. Something big, something that would change the world (or at least, change your school or community!)

13. Who was the character that you are the most similar to, or someone who you look up to? Why do you want to be like that character? If you were just like them, do you think you would get what you want in life? Why?

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King Arthur Worksheet – For YEAR 7 & 8

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1. Critically analyse the production of King Arthur. What was great, what could be better, what decisions did the producers make with regards to what you thought about the show, that may be relevant to the target audience / touring limitations etc.

2. Logistically and artistically, what did you notice about the production that showed a great deal of thought had gone into the sets, costumes, lights, sound, messages of the show, and the whole concept and style of theatre used to engage the audience? What about symbols / themes in the sets, costumes and script?

3. Remembering the story, what was the most important thing you learnt from the way the characters behaved?

4. What were some of the ideas and strategies that the show taught? Do you think the audience understood and gained ownership of some of these ideas? List some new things, like new decisions and choices you want to make, about how to behave and treat people, to ensure you get what you want in life.

5. Discuss the theme of 'Equality' & letting go of 'Ego' and becoming more 'whole' within yourself (look up on the internet for more info or ask your teacher). How did the show create opportunities for the audience to learn how to create Equality, within themselves and in the world? Was the show successful in portraying this idea? What techniques did the show use to help the audience take ownership of this message?

6. To feel good and have fun in your life, Merlin showed Arthur to let go of his self-doubt and lack of equality within. Our beliefs about ourselves can prevent us creating the life we want. When we are out of balance inside, our ego might try to protect us. A healthy ego is good, but when we don't also trust our higher selves, the ego can become too powerful and create doubt and hesitation within. The ego can be identified in ourselves as (tick the correct answer):

- A black monster you see when you close your eyes
- A little voice in our head that makes us feel bad by silly things it says
- A feeling like someone is hurting you



Remembering what Merlin said, what can you do to stop the ego from making you feel bad? What are the consequences of over-identification with your ego?

7. Merlin & the Lady of the Lake talked about 'Equality' – a feeling of being connected to everyone else as well as feeling wholeness and connected within. Do you think you can do this?

8. What's something you could do in your family or at school, to help promote the idea of Equality? Something that would bring your school, family or community together and let go of 'separation'? Set up a plan for how you are going to accomplish this project. Something big, something that would change the world (or at least, change your school or community!)

9. The show subtly taught that having fun and yelling out and using your physiology (body) in ways that create what we call a 'peak state' is a great way to live life. Whilst the show is generally aimed at younger year levels, do you think you could also learn to have more fun and be happy / let go and not take life so seriously? Do you think that you could have more fun and accomplish more in life if you lived this way too? How specifically?

10. What's an area of your life where you experience a lot of stress, where you could try the techniques that the show taught. Perhaps an area where you sometimes become stressed or frustrated.

11. How could you employ the idea of "Equality Within" to help you reduce pain and suffering for yourself and others?

Remember, if you want, you can text each character on the Alpha Shows App! You can also write to the cast!